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MEN IN PRINT
SUMMER FASHION TRENDS ARE BRIGHT AND BOLD {page 16}

OH LORDY
LOOK WHO'S 40
WHAT'S DENISE'S SECRET? {page 14}

OTTAWA metro®
Thursday, July 7, 2011
www.metronews.ca
News worth sharing.

JOE LOFARO/METRO

Harper family helps inaugurate pet project

- With her dad and his right-hand man at her side, the prime minister's daughter celebrates the opening of the new animal shelter by making a canine friend
- Humane Society's political star power comes after the feds gave $3.6 million for the new building {page 4}

▶ Rachel Harper pets a three-legged dog, with her father, Prime Minister Stephen Harper, left, and Ottawa West-Nepean MP John Baird standing beside her, at the opening of the new location of the Ottawa Humane Society on West Hunt Club Road yesterday morning.

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Bell

Stage. Hands

▶ Maureen Smith, left, Tania Levy, centre, and Kate Smith rehearse a scene from Kathleen Clark's Secrets of a Soccer Mom.

STEVE COLLINS/METRO

The real soccer moms of Ottawa

Written, directed and starring working mothers, Secrets of a Soccer Mom is a comic take on the struggles modern moms face in trying to juggle family, home and their careers. The play runs July 13 to 30 at Arts Court Theatre as part of the Downtown Rideau Summer Fling performing arts festival.

$200M debt worries finance critic

- **Road and sewer improvements, new trade show and exposition hall on city's shopping list**
- **Most of new debt issued to insurance companies, investment managers, pension funds**

STEVE COLLINS
OTTAWA@METRONEWS.CA

The city's debenture committee votes today on the final details of $200 million in new borrowing for buses and infrastructure projects.

Such borrowing is routine, but for Mike Maguire — municipal finance critic for the Ottawa Taxpayers Advocacy Group — the debenture is worrying.

He says it will put Ottawa's debt over the billion-dollar mark and will cause problems for the city.

"Council has consistently spent or borrowed more than they take in revenue right from amalgamation onward."
MIKE MAGUIRE, OTTAWA TAXPAYERS ADVOCACY GROUP

"First of all, it's not being paid off with any real urgency. Secondly, most of it's been borrowed at historically low interest rates," he said.

Those rates are certain to rise and further borrowing for Lansdowne Park and light rail could triple the city's annual debt repayment bill, he added.

1 news

Celebrities, royals, murder and terror victims: Almost nobody is safe in widening U.K. hacking scandal. Scan code for story.

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On the web at metronews.ca

UBC student blinded in alleged attack in Bangladesh tearfully greets supporters back in Canada. Video at metronews.ca

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A purr-fect day out for PM, wife, Watson

Trio help unveil new humane society HQ ◐ New building built with environmentally friendly features ◐ Harpers known for fostering cats

FRED CHARTRAND/THE CANADIAN PRESS

▶ Mayor Jim Watson, Prime Minister Stephen Harper and wife Laureen meet a couple of furry friends at the new Ottawa Humane Society HQ on West Hunt Club Road yesterday.

JOE LOFARO
@METRONEWS.CA

Dubbed the "official cat lady of the country" by Ottawa's mayor, Laureen Harper helped officially unveil the new Ottawa Humane Society HQ with her husband, daughter and Ottawa West-Nepean MP John Baird.

As a longtime supporter of the charitable organization, Mrs. Harper said she was thrilled to see the new 40,000-square-foot facility on West Hunt Club Road.

Two of her family's three cats — including their latest addition, Stanley — came from the old building, which was dark, overcrowded and aging.

"Now we have a facility that's truly state-of-the-art, where animals can come from difficult circumstances, come get help, get back on their feet — or their paws — before being adopted in their forever families," said Mrs. Harper.

"Laureen Harper has been one of the driving forces that help raise money for this cause. Mrs. Harper, thank you very much."
MAYOR JIM WATSON, IN HIS OPENING REMARKS

Daughter Rachel spent the ribbon-cutting ceremony making friends with a three-legged dog named Cooper.

The prime minister couldn't resist the purrs from the cat room, a space built for potential foster families to get to know the cats.

The Harpers, Baird, and Ottawa Mayor Jim Watson, each cuddled with a feline friend there before seeing the rest of the building's furry pets.

MARC MESSIER/OTTAWA FIRE SERVICES FOR METRO

▶ The Cessna 172's unhappy landing.

Lake landing not so perfect

A Cessna 172 pontoon light aircraft caught a wing when it landed in Constance Lake on Tuesday evening — leaving the plane partially submerged and the two occupants in the helpful hands of passing boaters.

Emergency crews were called to the lake about 8 p.m. When they arrived they found a man in his 20s and a 19-year-old woman, who were in the plane, already safe, said Ottawa Fire Services spokesperson Marc Messier.

The water rescue unit set up containment booms to capture any possible fuel and oil leaks.

JESSICA SMITH

LICENSING CHARGES

OPP busts security guards

Provincial police have busted unlicensed security guards for working in Ottawa.

The OPP anti-rackets branch has laid 44 charges of employing unlicensed guards against business in the area and more may come, officers said.

The bust is part of a July 1 and 2 sweep in Ottawa and Wasaga Beach that saw a total of 111 charges in connection with violations against the Private Security and Investigative Services Act.

Other charges include working as an unlicensed security guard, uniform violations, being an unregistered business and operating an unlicensed business.

The investigation is continuing.

JOE LOFARO

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Pooch has dog-gone incredible journey

Black Lab travelled thousands of kilometres from Montreal to B.C. Tracking chip led to owners

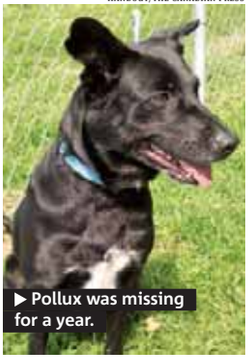
A Montreal pooch who disappeared last year has miraculously turned up some 4,500 kilometres away in Kamloops, B.C.

The black Labrador named Pollux detests the rain, yet she took an adventurous turn upon fleeing through a gate mistakenly left open at her Montreal home last June 20.

Her owner, Isabelle Robitaille, said the family had searched high and low and given up hope they'd ever find the dog they had adopted from the SPCA in 2005.

Then last week, on Canada Day, they received a shocking phone call from the SPCA in Kamloops: A dog with a tracking chip containing her information had been found in B.C.

HANDOUT/THE CANADIAN PRESS



▶ Pollux was missing for a year.

Photos sent by the shelter confirmed it, Robitaille said. Pollux was alive and well although a bit leaner than before. "They told me she was in excellent condition," Robitaille said.

But just how she got to B.C. remains a mystery.

On the day she disappeared from the family backyard, it had been raining, so Robitaille suspects she might have hopped into a freight train to avoid the rain.

Getting home won't be nearly as big an ordeal: Pollux will be flying home courtesy of SPCA International, which will foot the bill.

"She's going to be nine this summer so she's going to be home for her birthday," Robitaille said.

THE CANADIAN PRESS

Games. 2018

▶ South Koreans celebrate yesterday after Pyeongchang won the right to host the 2018 Winter Olympics. The city had been unsuccessful in two previous attempts to win the Games.

AHNNYOUNG-JOON/THE ASSOCIATED PRESS

South Korea to host Olympics

U.S. fears implanted bombs

The U.S. government has warned domestic and international airlines that some terrorists are considering surgically implanting explosives into humans to carry out attacks, The Associated Press has learned.

There is no intelligence pointing to a specific plot, but the U.S. shared its concerns last week with executives at domestic and international carriers.

People travelling to the U.S. from overseas may experience additional screening at airports because of the threat, according to the Transportation Security Administration.

THE ASSOCIATED PRESS

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CHARLES DHARAPAK/THE ASSOCIATED PRESS

William Smith
@conblog
@DrewHampshire: What mistakes have you made in handling this recession and what would you do differently?
#askObama
2 hours ago

▶ U.S. President Barack Obama sits with Twitter co-founder Jack Dorsey as he answers questions during a Twitter town hall yesterday in the East Room of the White House in Washington.

Twitter town hall draws thousands

U.S. president is the first to use Twitter for town hall ◐ Obama defends his record on jobs and economy

U.S. President Barack Obama answered questions from Twitter users in a town hall meeting yesterday that focused on jobs and the economy.

White House officials say Obama sees social media as a way to interact with Americans directly, particularly the younger, more media-savvy electorate.

Twitter selected the questions from among tens of thousands submitted. The first question asked Obama what mistakes he had made in handling the recession and what he would do differently.

Obama defended his stimulus program as "the right thing to do." But he allowed that his administration had underestimated the severity of the recession, and so he did not prepare the American people "for how long this was going to take." Obama also said the problems in the housing market were more stubborn than expected and he'd had to revamp his housing-assistance programs several times.

Twitter users had to keep their questions to the site's 140-character limit. But Obama had no such restrictions. He answered at length to questions on immigration, collective bargaining, the debt, jobs, the housing crisis and other topics. THE ASSOCIATED PRESS

Skew you

Among the questions put to Obama was one from Speaker John Boehner, Republican leader of the House of Representatives.

- "Where are the jobs?" Boehner asked.
- "This is a slightly skewed question," Obama replied.
- Obama went on to note that the U.S. economy is, in fact, creating jobs, though at a slow pace. He said there is more the government could do to boost the economy, but he hasn't always been able to get Republican support.

Sudan split over oil rights

Southern Sudan is considering connecting its oil supply to an East African pipeline that would bypass Khartoum-run pipelines, an official said yesterday. Such a move could see relations between the north and south deteriorate even further as Southern Sudan prepares for independence.

Southern Sudan will secede from the north on Saturday, but some vital provisions of its split — such as oil rights and wealth-sharing — have not been settled. Last month, northern President Omar al-Bashir said he would block the south's access to the pipelines unless a wealth-sharing agreement was reached.

The south accounts for more than three-quarters of Sudan's total oil output but relies on northern refineries and pipelines.

Southern Transport Minister Anthony Lino Makana said his government has been meeting with petroleum companies interested in building a pipeline connecting the south's oil to ports in East Africa. He did not say which companies had approached his government.

Oil is virtually the only money-maker for the government of Southern Sudan. Sudan as a whole is the third-largest producer in sub-Saharan Africa, behind Nigeria and Angola, with exports of 490,000 barrels a day. THE ASSOCIATED PRESS

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Tar-ponds class action given green light

A woman leading a case against the federal and provincial governments over Cape Breton's notorious tar ponds says her seven-year fight to have it approved as a class-action lawsuit has finally paid off.

Anne Ross praised a decision by a Nova Scotia Supreme Court judge yesterday that gives the green light to a legal action launched after decades of contaminants spewed from the former Sydney Steel Corp. plant.

Ross, of Sydney, N.S., is seeking compensation for property damage, exposure to industrial toxins and funds to establish a medical-monitoring program.

Ray Wagner, who represents the plaintiffs, said the suit could include up to 20,000 people. THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar
- 22.2 (13,403.1)	- 0.26¢ (103.56¢ US)

Oil	Natural gas
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HE SAYS ...

JOHN MAZEROLLE
METRO

There are two types of people in this world: People who like summer, and me.

After much consideration, I have decided to side with me.

Summer has its perks, sure — a box of Junior Mints left in the car transforms magically into one giant Junior Mint — but it's still the most overrated season. Its default No. 1 position bugs me: summer gets celebrated simply for arriving on the scene, the Miami Heat of Mother Nature.

Well, I'm here to speak truth to power: Summer is, at best, tied with winter for last place. So much of summer's warm reputation doesn't hold up in the cold light of day.

Take summer vacation, that idyllic childhood window filled with bee stings, bike crashes and, if you went with the full package, broken bones.

These are the best days of our lives?

"Even summer's most cited perk, the weather, is not all it's cracked up to be. On any given day there is bound to be a smog alert, a humidex warning, a UV warning ..."

The backyard playground alone was a death trap: A hard plastic swing, apparently coated with Pam, that caused every child to slip toward the ground face-first with the force of a robin into a bay window. This resulted in the official childhood Five-Alarm Cry: Stunned silence/siren wail/more silence/remembering to breathe/more wailing.

The slippery swing seat is baffling in retrospect, because the slide attached on the side was so non-slippery that nothing could go down it, including marbles. Kids didn't slide down it, so much as shimmy. Water might have gone down it, except the slide was made of metal and often got so hot that it would start emitting X-rays. "It's nice out, so don't play on the slide!" was a common parental warning.

Of course, now that I'm an adult I can see there's more to summer than just potential injuries — there's also potential death.

Between beach riptides, exploding barbecues and wildlife attacks, there is hardly a chance to contract West Nile.

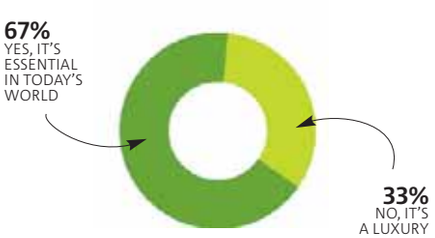
Even summer's most cited perk, the weather, is not all it's cracked up to be. On any given day there is bound to be a smog alert, a humidex warning, a UV warning, a severe-thunderstorm watch, a tornado warning, a watch-for-warnings watch, a stolen-watch warning or a "special weather statement" that warns of some weather pattern you've never heard of before, like a "Manure Storm" or "Smulch."

All things considered, it's better to hibernate until winter. I recommend a stockpile of Junior Mints to see you through.

Read more of John Mazerolle's columns at metronews.ca/hesays

Register at metrolifepanel.ca and take the quick poll

Should Internet access be considered a human right?



Local tweets

- **@sppinch:** lineup last night at #bluesfest was horrific. Waited 2hrs to find no student tickets left! Total disaster so poorly organized!
- **@Ruvini_G:** Warning! RT @kowpr Don't come to #bluesfest unless u have a ticket! The lineup at the box office is insane!!
- **@ottawafestivals:** #Bluesfest organizers recommend coming early + printing at home or picking single tix at Cap. Ticket outlets http://bit.ly/olEZ12 #ottfest
- **@janeswitzer:** Stephen Harper's cat fanciness makes me like him a little more: http://t.co/VL6QX2U Also, Canada's "official cat lady?" Laureen Harper FTW.
- **@bethsweeney:** So great to be in a feminist space surrounded by women with disabilities, Deaf women and allies from around the world #ww2011
- **@amandavag:** That's my final year ... Tell 'em to hurry up! RT @CarletonSEO: Have you heard? Varsity football will be back at Carleton in 2013!!! #cuseo

Worth mentioning

LOS ANGELES. It began as a bright white dot in Saturn's northern hemisphere. Within days, the dot grew larger and stormier.

Soon, the tempest enveloped the ringed planet, triggering lightning flashes thousands of times more intense than on Earth.

The international Cassini spacecraft and ground telescopes have been tracking the turbulence since last December, visible from Earth as a type of storm known as a "Great White Spot."

"It's still going like crazy," said Cassini project scientist Linda Spilker of the NASA Jet Propulsion Laboratory.

Such planet-wide weather disturbances are rare on Saturn, where the atmosphere is typically hazy and calm. Since 1876, astronomers have observed only five other megastorms on Saturn.

At the height of the storm, Cassini detected 10 lightning strikes per second. Scientists said the electrical activity emitted by the bursts were 10,000 times stronger than lightning on Earth.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder

PRESIDENTIAL ADDRESSES THEN
PRESIDENTIAL ADDRESSES NOW
FOUR SCORE AND SEVEN YEARS AGO...
ITS GR8 2 B HERE! WOOT! BFN! YR PREZ
metro

WEIRD NEWS

Now you see it, now you don't

Police are on the hunt for a man who walked into a San Francisco art gallery, grabbed a valuable pencil drawing by Pablo Picasso off the wall and then fled in a waiting taxicab.

Police said Tuesday the drawing, worth hundreds of thousands of dollars, was taken from the Weinstein Gallery near Union Square.

The gallery said Picasso created the one-of-a-kind drawing titled Tete de Femme in 1965.

Officer Albie Esparza told the San Francisco Chronicle that police hope a member of the public might recognize the piece if someone attempts to sell it.

Other artists whose works are still on display at the gallery include Marc Chagall, Salvador Dali and Joan Miro.

Police described the suspect as a man in his 30s wearing loafers and dark glasses.

THE ASSOCIATED PRESS

metro

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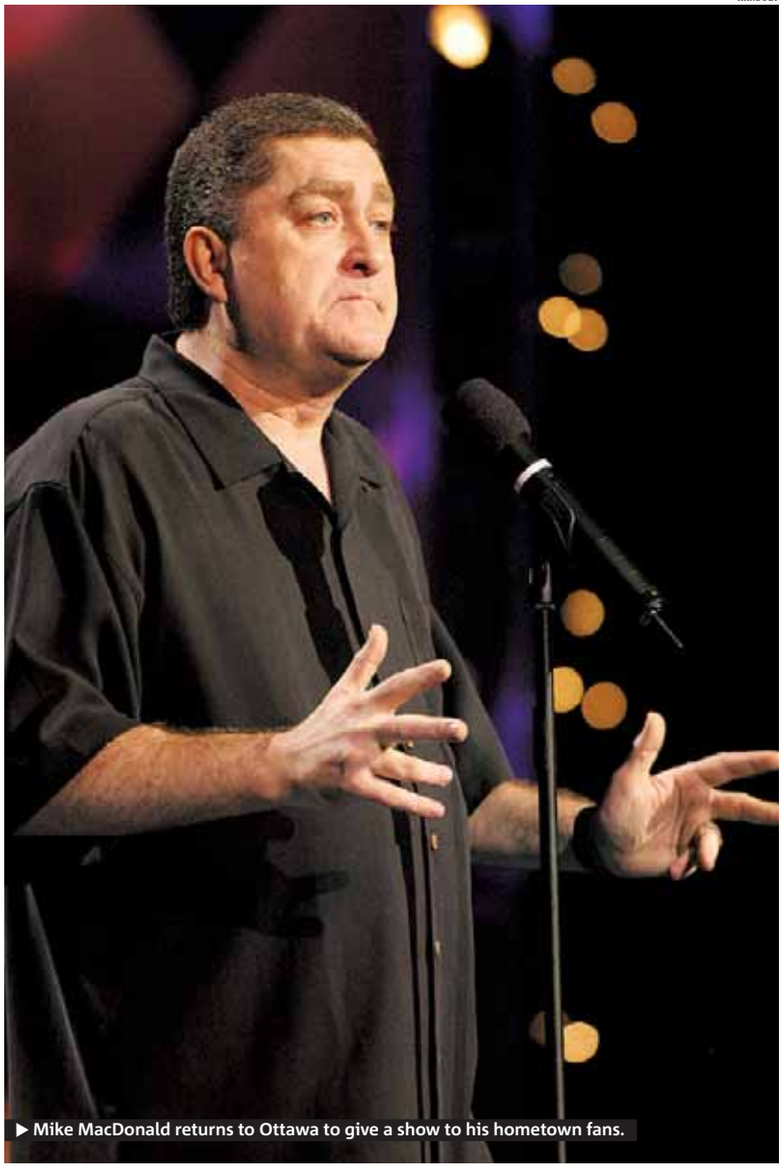
A capital comedian

HANDOUT



▶ Mike MacDonald returns to Ottawa to give a show to his hometown fans.

▶ Hometown comedian Mike MacDonald is back in Ottawa ▶ Says capital has a great sense of humour

BACKSTAGE PASS

JEN TRAPLIN
METRO OTTAWA

Starting a career in stand-up comedy here in the capital is tough but it's definitely easier today than it was 25 years ago. For starters, Ottawa actually has comedy clubs now.

Comedian Mike MacDonald grew up here and says, when he started, he had to find creative ways to get in front of an audience.

"I literally approached some clubs and asked them if I could come in Monday nights and they would keep the liquor money and I would keep the door money," he explains.

He recalls a time at Barrymore's when he walked up to the owner and bet him $50 that, after the band, he could make the crowd laugh. And it worked. But, of course, that was then.

"Sometimes the confidence of youth works out because now I wouldn't dream of doing something like that."

So, what's his advice to young comedians just starting out?

"Most comics, in the first couple years, they only talk about what they know and what they know is just logic," says MacDonald. "If you really want to break through the back, don't talk about those things. We don't really write jokes, we find them. The moment something happens, all the jokes about it are just waiting to be found."

Howard Wagman, manager of Yuk Yuks, agrees.

"Comedians are sensitive, social satirists, often not the life of the party but watchers of the party," he explains. "Kind of like a coach in hockey. The best coaches are the guys who spent a lot of time on the bench watching."

And, Wagman says, don't expect your rise to fame to be quick, either.

"Be prepared to put in many years of repetition and practice. It usually takes about 10 years."

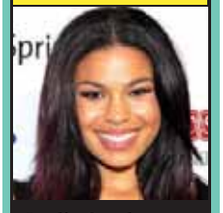
The details

Need details? We've got them for you.

- **When** Tomorrow at 9 p.m. and Saturday at 7 p.m. & 9 p.m.
- **Where** Yuk Yuks @ The Prescott (379 Preston St.)
- **Price** $20 plus HST

2 scene

Anthem



Jordin Sparks sang for President Barack Obama this week, and now she'll perform it for baseball fans. The American Idol champ will sing the Star-Spangled Banner on July 12 at Major League Baseball's 82nd All-Star game.
THE ASSOCIATED PRESS

Woody Allen, set to film movie in Rome, meets with city mayor

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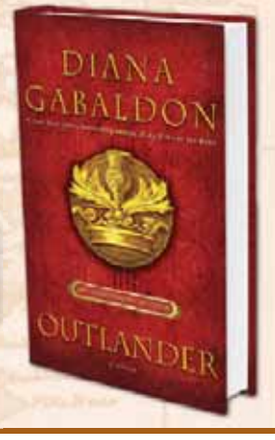

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DOUBLEDAY CANADA

Jagger gets SuperHeavy

Rolling Stones frontman collaborates with four other artists to create eclectic, 'unclassifiable' sound

Mick Jagger isn't sure where his latest musical creation will end up on iTunes.

The Rolling Stones rocker has teamed up with Eurythmics co-founder Dave Stewart, reggae maestro Damian Marley, soul songtress Joss Stone and Slumdog Millionaire composer A.R. Rahman for SuperHeavy, a new group fusing their different styles on an as-yet untitled album set for release Sept. 20 in the United States, and a day before in the rest of the world.

"What bit of iTunes genres does it go on? The unknowable? Isn't there an unknown section?" Jagger joked during a preview event last week at Jim Henson Studios, where the group recorded some of their eclectic music.

Stewart called the collaboration wide-ranging. The recording process began in Hollywood with the entire group, but they also recorded separately. Other recordings took place in Florida, France, Greece, Turkey, India and the Caribbean.

Stewart said the group recorded about 35 hours of music with some songs originally lasting "an hour and 10 minutes" before they were whittled down.

One of seven tracks teased Thursday included Miracle Worker, the first single off the album, which features the vocalists crooning: "Ooh, you're a miracle worker/Ooh, you're the surgeon of love."

The group filmed a music video last Wednesday for the mid-tempo track, which like most of the music previewed, combined rock, soul, reggae and world music.

AP PHOTO/SUPERHEAVY/FRANK W. OCKENFELS3

▶ From left, reggae maestro Damian Marley, Eurythmics co-founder Dave Stewart, Rolling Stones rocker Mick Jagger, composer A.R. Rahman and singer Joss Stone of SuperHeavy.

"Working with four other vocalists was interesting to me," said Jagger. "I've never actually done it before. Normally I have to do everything, which I'm quite happy to do. Don't worry. It was kind of fun because when we had to finish it off, I realized we all had a part to play."

Jagger said the group would wait for reaction to the album before deciding if the supergroup will go on tour.

"We'll probably end up playing in the unclassified gig section," Stewart quipped.

"Yeah, in a tent at Glastonbury with the unclassifiable acts," Jagger added. **THE ASSOCIATED PRESS**

A song for Canadian troops

After penning the patriotic ode Highway of Heroes, Bob Reid had the opportunity to travel to war-torn Kandahar and witness the efforts of Canadian soldiers first-hand.

The experience inspired him and only deepened his appreciation of the sacrifice of the Canadian troops. So as most of those men and women now prepare to return home with the Canadian war effort winding to a close, Reid wanted to do his part to ensure they were greeted with a hearty reception.

"(At) the end of the Second World War, there were ticker tape parades in the streets for returning soldiers," Reid said.

"It's a different world now and obviously this was a different kind of conflict. But still, I just thought it would be a shame if the mission ended, they came home after all of that sacrifice, and there wasn't any kind of recognition."

That's what prompted Reid to write his new song, Soldier, Welcome Home, now available on iTunes and as a CD single. A portion of proceeds is being directed to the Wounded Warriors charity.

It was back in November 2009 when Reid released Highway of Heroes. The 47-year-old had long held an interest in music, but only as a hobby — he had never made a professional-calibre record before.

He was stunned by the response to his humble tune, which lingered for months on the Nielsen SoundScan singles chart.

It also prompted an invitation to perform in Afghanistan for NATO forces — some of whom were already familiar with the track.

"They really appreciated the fact that someone would make a gesture like that, would put feelings of respect and pride and also sadness for fallen soldiers into a song," said Reid, before emphatically pointing out that he's far from the only songwriter to do so.

Reid was particularly impressed by witnessing the process of rebuilding Afghanistan. He saw Canadians building new schools, working to eradicate polio and rehabilitating the irrigation and water-supply systems so vital to the country's agricultural development.

"It was just a life-changing experience," Reid said.

"After seeing first-hand the work that the men and women were doing, I was really struck by that and so impressed by everyone that I met."

THE CANADIAN PRESS/DARREN CALABRESE

▶ Songwriter Bob Reid

Reid's song is meant to honour the sacrifices made by Canadians overseas and celebrate their return. "Though a half a world away, we were behind you every day/ And with grateful hearts, we're so glad to say/ Soldier, welcome home," Reid sings in the swaying song's chorus.

Tuesday marked the end of Canada's war, as Canuck troops formally handed the battlefield over to American units.

And Reid, for one, was elated to see that happen.

"I'm so glad to see them coming out of harm's way and knowing that they're heading back home to Canada and back to their families again," he said.

As far as Reid's hopes for his song? Well, he has a day job as a communications consultant with Veritas Communications and doesn't seem interested in pursuing a career in music (he says it's unlikely he ever tries to put together a full album). **THE CANADIAN PRESS**

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▶ Fleet Foxes

Fleet Foxes lead singer Robin Pecknold talks to Metro about the band's long-anticipated follow-up album, Helplessness Blues, and why it took so long to release it

PAT HEALY
SCENE@METRONEWS.CA

Fleet Foxes singer Robin Pecknold has made no secret of his struggles to overcome the dreaded "sophomore slump."

After the folkie Seattle combo reached critical acclaim with their self-titled debut in 2008, it seemed that topping that effort would be difficult.

But with Helplessness Blues, it seems they have topped themselves.

The songs are confident, richly acoustic and full of the energetic introspection that seems to hit artists hardest when they're in their 20s.

(Everyone from Rumer to Zach Galifianakis is into the new album.)

Pecknold has said the reason that it took so long to write and record their follow-up was his picky nature, which even led to him scrapping recordings the band had reportedly spent several thousands of dollars on.

But it has paid off.

How does it feel to finally take these songs from the long incubation process of writing and recording to audiences?

It's been good to have the chance to sort of make the songs more physical and less cerebral.

You can play louder or have it sound huge without feeling like the sound is too big and without the kind of hemming and hawing about what you're doing in the studio.

So that's been good. It's not like we had the songs all worked out live before we recorded, so this has kind of been our first chance to get to know them in some ways.

Were there any challenges in making that jump?

We had to rehearse for almost a month just to get all the parts down and all the chord changes. So that took a while, but it was fun to do as well.

What's been the biggest surprise as far as crowd response?

There's been a few. It really just depends on the crowd.

We open the show with the instrumental from the album. It's kind of funny that people are like, "Yeah!" for this little, small instrumental song.

And there's this one line in one of the new songs where I really push my voice, and after that line in The Shrine people are always like, "Yeah!"

There are a lot of fruits blossoming within the lyrics of these songs. One goes, "If I had an orchard...."

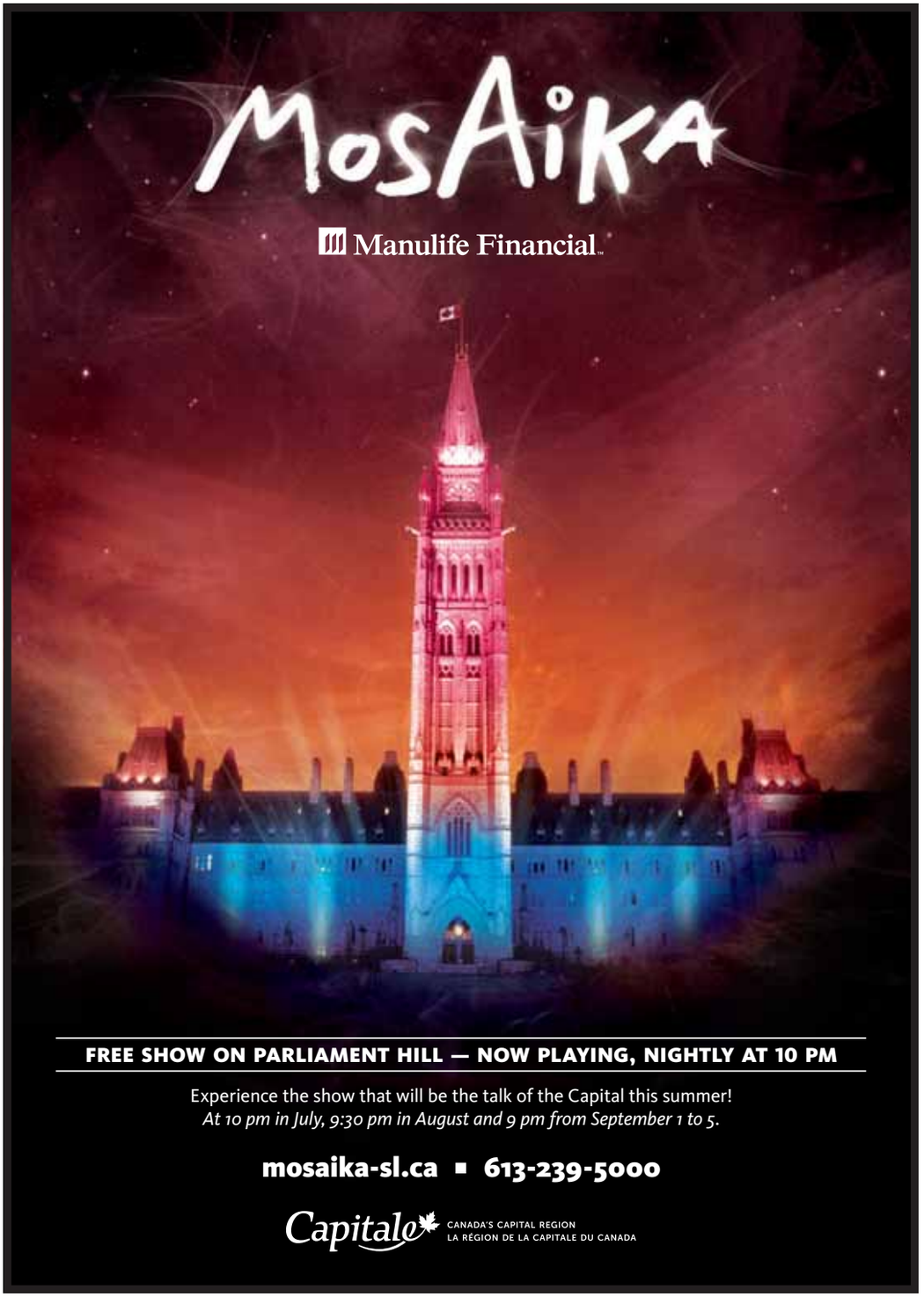
My grandpa was an orchardist in Wenatchee, which is in Washington. It's a big apple-growing region.

There's an apple and orchard iconography up at the cabin.

He's passed away now, but me and my brother Sean just go up there and work on stuff together, and there's a lot of stuff up there that's apple-related and there's Yeats poems on the walls.

I feel like that's probably where a little bit of it came from. The orchard thing is not literal at all, or wasn't meant it to be. I didn't even think it would be taken literally.

I mean, I probably could have done a better job, but it was sort of a personal version of If I Had a Hammer, like that sort of meaning.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Not so Horrible actors

Kevin Spacey speaks to Metro about his time away from the big screen Praises Horrible Bosses

RICHARD CROUSE
SCENE@METRONEWS.CA

JOHN P. JOHNSON/THE ASSOCIATED PRESS

▶ Jason Bateman, left, and Kevin Spacey star in Horrible Bosses.

In the first decade of his career Kevin Spacey made 20-plus movies and appeared in dozens of TV shows. In the process he took home two Academy Awards — Best Actor for American Beauty, Best Supporting for The Usual Suspects — and became one of the best known actors in Hollywood. But these days he's not as ubiquitous a presence on screen as he once was, and that's by design.

"I made a choice that I was going to focus on theatre for 10 years," he says on the line from his home in London, "because I had focused on film for nearly 12.

"I got to a point where I thought, That went better than I could possibly have ever hoped. Now what? Am I going to spend the next 10 years chasing the same dream? I thought, A: I don't need to top myself and B: I'd like to take all the incredible personal good fortune and attention that came to me and put it toward something that isn't about me. That is about putting myself back into something that has always been my first love."

To that end he took over one of England's oldest theatres, the Old Vic, as artistic director in 2003, creating a company of actors and educational programs. It's work that keeps him busy.

"Let me tell you the honest truth. I don't have time to make movies that often, so I'm not offered that many movies. Sometimes I get the feeling from journalists that they think you sit around and decide which movies you're going to do. I'll let Tom Hanks do that one and George Clooney can do that one but I'm going to do this one. That's not the way it works. There are only two reasons I do movies. One: because they offer it to me and two: am I available to do it. There's no great design. Trust me, I'm not sitting around with a magic wand picking my parts like I have a deli in front of me of choice. That's a myth. It's a nice myth, but it isn't true."

He took a break from the stage long enough to play one of the evil employers in Horrible Bosses, a new comedy co-starring Jason Bateman and Jennifer Aniston.

"I love all these actors," he says, adding, "It's great fun to pretend to be a horrible person for a couple of weeks."

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VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is 10 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-75 of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed	☐	☐
I am having difficulty sleeping	☐	☐
I am feeling low in energy and slowed down	☐	☐
My appetite has changed	☐	☐
I am experiencing feelings of guilt	☐	☐
I have lost interest in work and pleasurable activities	☐	☐
I feel hopeless about the future	☐	☐
I feel tense and anxious	☐	☐
I am having difficulty making decisions	☐	☐
I am having trouble concentrating	☐	☐

Ottawa Psychopharmacology Clinic
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If you have answered YES to five or more of these statements and have felt poorly for the past month, you may be suffering from depression. To be evaluated for this program please call, any time (24 hours), leave your name and phone number on our confidential voice mail:

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All information is kept in strictest confidence.
Research programs are reviewed by an ethics review board.

Movie reviews See it twice ⊕⊕⊕⊕⊕ | See it now ⊕⊕⊕⊕ | Worth watching ⊕⊕⊕ | Yawn ⊕⊕ | Don't bother ⊕

▶ Conan O'Brien

Conan O'Brien coming to a theatre near you

Conan O'Brien Can't Stop
Genre: Documentary
Director: Rodman Flender
Stars: Conan O'Brien, Andy Richter, Stephen Colbert
⊕⊕⊕

This documentary about O'Brien's 32-city pity tour after being turfed as host of The Tonight Show could more rightly be called Multi Millionaires Just Wanna Have Fun.

The flame-haired host repeatedly says he took his act on the road to have fun, but why doesn't he look like he's having any?

Wedged between rehearsal, onstage and candid backstage footage is a portrait of a wounded man struggling with a grave personal and professional disappointment.

It's like watching someone go through a bad breakup for 90 minutes, with musical numbers and the odd joke.

This documentary is for all showbiz aficionados but primarily for Coco completests.

RICHARD CROUSE

Screenings

Conan O'Brien Can't Stop will screen in select Cineplex theatres on July 7. It can then be seen on July 8 in Toronto, Calgary and Vancouver, and on Aug. 12 in Edmonton. A string of screenings over the course of several days are scheduled in Ottawa.

- Coliseum Ottawa Cinemas, 3090 Carling Ave.
- SilverCity Gloucester Cinemas, 2385 City Park Drive

A monstrous box-office hit

HANDOUT

▶ Transformers: Dark of the Moon

Director Michael Bay's third installment in the Transformers franchise proved to be a monstrous international hit this week, taking in a whopping $210 million and in the process posting the biggest opening of all-time in seven countries, lead by Korea with $28 million.

In its first six and a half days, Dark of the Moon from Paramount became a global sensation, earning nearly $400 million with 60 per cent of the North American and 70 per cent of the international business generated by 3-D showings.

IMAX set its own global record with Transformers 3 as well, with $23.1 million in global sales since the film's launch.

In a distant second place is the Walt Disney release of Cars 2, also in 3-D, with $22.1 million in its second weekend.

The latest film from the hugely successful Pixar Animation Studio has a global cumulative gross approaching $200 million and is finding favour in the international marketplace with family audiences who can relate to its internationally themed storyline.

Rounding out this international 3-D triple-play is Kung Fu Panda 2 in third place with $19 million.

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Anthony offered adult-film job

Controversial mother given chance to make ‘transition’

We’re going to hell for re-reporting this, but you’re going to hell for reading it, so see you there. Hours after Casey Anthony, the Florida mother accused of murdering her two-year-old daughter, was found not guilty (in a controversial verdict), Steve Hirsch, the head of porn company Vivid Entertainment, called to offer her a job, reports TMZ.

“Whether you agree with the verdict or not, Casey will want to move forward with her life and has a right to make a living. It’s not going to be easy for her and we believe we can help her make the transition into a new life,” he told the site. METRO

RED HUBER/THE ASSOCIATED PRESS

▶ Casey Anthony

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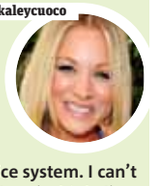
Celebrity tweets

@KimKardashian

WHAT!!??!! CASEY ANTHONY NOT GUILTY!!!! I’m speechless!!! .... Reading the comments here & its nuts people think just bc I was close to the OJ trial I can’t have my own opinion on the Casey Anthony case?



@kaleycuoco

Nice justice system. I can’t breathe. I can’t think. I’m sick. God help us.

Denise Richards keeping fit at 40

Denise Richards is 40 years old, which is surprising because she acts 20 years younger.

Her secret to staying slim? “I am very active,” she tells Self.com.

“I found what works for my body — everyone’s body is different and I think it’s best to find what works for you. For me it’s Pilates and dance. My diet is 80 per cent vegetarian and I eat all day long. I have lots of little meals; it’s best for me.

“My abs get the best workout with my Pilates reformer — I had two C-sections and it was the only thing I found that got my tummy flat.” METRO

FRAZER HARRISON/GETTY IMAGES

▶ Denise Richards

Lady A's leading lady gets engaged

Lady Antebellum's Hillary Scott is engaged.

The 25-year-old singer's boyfriend, Chris Tyrell, popped the question over the Fourth of July weekend at a family getaway in East Tennessee.

Scott and the 24-year-old drummer met while touring with Tim McGraw in early 2010. People first reported the engagement Tuesday.

Scott is the second member of Lady A to end her single ways. Charles Kelley is married, leaving Dave Haywood as the lone available member of the Grammy-winning trio.

Lady A turned in the top-selling country album of 2010 with Need You Now and is preparing to release its follow-up, Own The Night, due out Sept. 13.

THE ASSOCIATED PRESS

Hillary Scott

Hiatus for Aniston

Remember before Horrible Bosses, when you wished Jennifer Aniston would just go away. She has finally complied.

The actress, currently dating writer/actor Justin Theroux, is reportedly going on hiatus after Bosses and this fall's Wanderlust, according to Us.

METRO

MIKE COPPOLA/GETTY IMAGES

Jennifer Aniston

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Domestic violence charge dropped against Lohan's dad

Prosecutors have dropped a misdemeanour domestic violence charge against Lindsay Lohan's father after his ex-girlfriend failed to show up at trial.

District attorney's spokeswoman Sandi Gibbons said Tuesday the office will no longer pursue the case against Michael Lohan after his ex-girlfriend, Kate Major, could not be located.

The elder Lohan was arrested in March and has pleaded not guilty to misdemeanour domestic violence battery.

A trial was scheduled to begin Tuesday, but Gibbons said it could not proceed without Major's co-operation.

Michael Lohan's attorney, Dana Cole, says he worked out an agreement with Major so she wouldn't testify.

Cole says Major wasn't paid anything, and she declined to co-operate because she did not want a court spectacle.

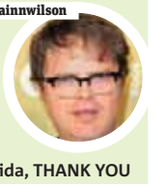
THE ASSOCIATED PRESS

Celebrity tweets

@TheRealRoseanne

miscarriage of justice ... our system is broken and it sucks – death penalty should be removed – that's why she got off ... victory for all child murderers! ... casey - you were so smart to hide the body in the swamp! You got away with killing your baby!

@rainnwilson



Dear Florida, THANK YOU for freeing Casey! She's now available for partying and babysitting!

3 life

Men's pick

BRIGHT BELTS

Guys, loosen up – look-wise, that is. Put a little spring in your jeans-and-Tee combo by trying a colourful belt like this peppy style.

RICHARD PECKETT

ZARA
$30, zara.com

POLO RALPH LAUREN
$69, asos.com

Under starry summer night sky, Chanel's crystal-emblazoned skirt suits shine

The message from Milan and Paris for spring/summer 2012 is to lighten up and get in the swing of things ('60s style) Here's our breakdown of what was trending on the catwalks for the latest round of men's shows

Men on spring/summer trends

RICHARD PECKETT
METRO WORLD NEWS

Brights, prints and all things loud

If you're not one for colour, you'd best learn to love it as it's going to be all over the place come next spring. Burberry showed ikat prints, raffia bobble hats and cork-soled, woven moccasin shoes. A possible answer to Prada's insanely popular flatform shoe? Maybe. Givenchy had obviously read the print memo too. The house rolled with Hawaiian surfer chic. That means lush, tropical prints and yes, skirts.

CONTRIBUTED

▲ Versace
▶ Burberry

CONTRIBUTED

▲ McQueen
▶ Gucci

CONTRIBUTED

▲ Dolce & Gabbana
▶ Giorgio Armani

CONTRIBUTED

▲ Vivienne Westwood
▶ Calvin Klein

CONTRIBUTED

That '60s vibe

Get ready to start buying slimmer suits. It was back to the swinging '60s with designers taking inspiration from Carnaby Street and a young Michael Caine. Alexander McQueen went all Savile row meets rock 'n' roll with pyjama-style striped pants, a Mick Jagger-esque oversized dress shirt and even a flame print jacket. Conversely, Gucci went for slimmer silhouettes to suit the rakish,womanizer in Prince of Wales check and houndstooth – popular patterns at many shows including the avant-garde Comme des Garçons.

Peek-a-boo

If you're the type who likes to flash a bit of skin than the season's trend for transparent clothing might be for you. Giorgio Armani, Dolce & Gabbana and Maison Martin Margiela all teased with sheer and diaphanous knits. But of course, it was the Dolce & Gabbana duo that took it a step further with a nod to Sicilian fishing heritage. Sounds quaint but boy will it take some ballsy blokes to pull it off! The look: Mesh netting worn over sweaters.

Sporting Olympic chic

Olympic tickets may be hard to come by, but there's no shortage of sporty references in the collections. Calvin Klein looked to '80s athletic wear while Vivienne Westwood parodied the games with Olympic orb tees.

GIIA

▶ Name: Martha della Calsada
▶ Occupation: Fashion Director

Remix her style

▶ Give your boyish office look a girly edge with bold, candy-coloured accessories ▶ The more outrageous the colours clash, the better

1

2

3

4

5

6

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trousers,
$495, miumiu.com

2 NISHE
two-tone cardigan,
$78, asos.com

3 HESTA
sandals,
$50, Topshop.com

4 ACNE
button down shirt,
$170, acnestudios.com

5 LIZZIE FORTUNATO FOR SUNO
bracelet, $198, sunony.com

6 CAMBRIDGE SATCHEL COMPANY
$180, cambridgesatchel company.com

KENYA HUNT

Try a holistic zit-zapper

THE KIT

Fight blemishes naturally with the help of Kit Expert Celeste Lutrario, vice-president of research and development at Burt's Bees.
By Janine Falcon

Are natural acne-fighting products any less harsh than standard formulas?

"The key ingredient in most anti-blemish products is synthetic salicylic acid, which is effective, but can dry out the skin," says Lutrario. Natural salicylic acid, a component of willow bark extract, is effective, too, but in a different way, she adds.

"Synthetic salicylic acid is isolated as one ingredient, which can make [the synthetic version] too strong or less recognizable to the skin, because it's not a form the skin understands organically," says Lutrario. "But with natural salicylic acid, you get the whole willow-bark extract of which it is a part, which not only includes natural salicylic acid, but other nutrients that benefit the skin.

"Think of it like eating synthetic beta carotene for its benefits, instead of carrots," Lutrario adds. "Really, you get more from eating carrots because they have all sorts of other things the body needs."

TRY
Burt's Bees Natural Anti-Blemish Solutions Spot Treatment, $15, burtsbees.ca
Suki Bio-Active Purifying Face Serum, $75, sukiskincare.com

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Kate's royally stylish tour

Adorned for the second time in Quebec-based label Erdem, Middleton gives a fashionable nod to the north

Canadian label Erdem scored a royal tour repeat as Kate opted to wear a second dress from the brand's Quebec-born designer while attending events in his home province.

The Duchess of Cambridge wore a vibrant blue lace Jacquenta dress from Erdem Moralioglu, accessorized with nude-coloured heels to kick off Day 4 of her first official visit abroad.

Kate was first spotted wearing the creation as she and Prince William took part in a prayer service onboard the HMCS Montreal docked in Quebec City on Sunday morning.

The form-fitting dress with sleeves hitting just above the elbow featured a slight slit at the right knee and floral lace overlay cascading on the upper part of the garment. The design is part of Erdem's pre-fall 2011 collection.

The Montreal-born, London-based Moralioglu created another similar lace-adorned Erdem frock worn by Kate on Day 1 of the Canadian tour.

ADRIAN WYLD/THE CANADIAN PRESS

▶ Kate Middleton visiting Quebec City.

Kate stepped off a Canadian Forces jet last Thursday in Ottawa in an elbow-length, dark-coloured Erdem dress.

She wore the dress to attend a wreath-laying ceremony with William at the National War Memorial in the heart of the city's downtown core, followed by a walkabout among the thousands of people lining the memorial square, as well as an official welcome ceremony at Rideau Hall.

A press representative for Erdem said Sunday the designer was unavailable for comment.

By mid-afternoon Sunday, Kate had switched to a slightly more casual look as she shook hands and met with well-wishers at a community event in Levis, Que.

Kate wore a creamy-coloured sleeveless Vanessa crepe dress by Joseph, with banding and ruching at the waist for the final Quebec appearance.

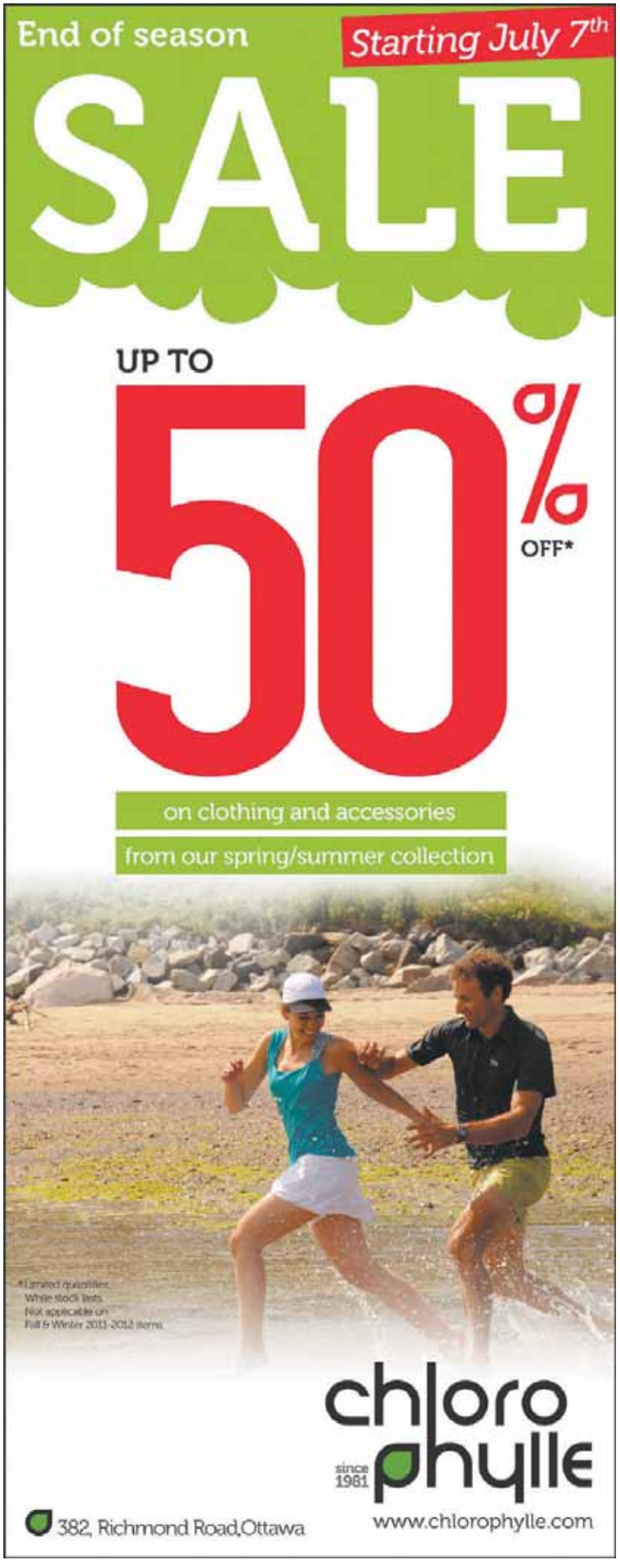
William was also in more relaxed attire in Levis, wearing his shirt unbuttoned at the collar with rolled-up sleeves and a belted pair of jeans, a contrast from his more formal suit and tie from earlier in the day.

THE CANADIAN PRESS

Local labels

Canadian content:

- Erdem hasn't been Kate's lone Canadian designer of choice. She was seen wearing a navy blazer from Toronto-based label Smythe as she boarded a jet last Thursday in London for the flight to Canada.



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Making art from home

- Photos aren't meant to be hidden away on your computer's hard drive
- Give your pictures a second life by turning them into creative and unique decor pieces

DESIGN CENTRE

KARL LOHNES
HOME@
METRONEWS.CA

There used to be a time when families would proudly display framed vacation, school and family photos as part of their decor. Nowadays, all my great photo memories are locked away in my computer and although easily emailed to friends and family, very rarely do I have any cool photos on display in my house.

New printing options will let you turn a simple photo into some fantastic artwork for the home.

Resizing your photos

Try cropping your favourite photo into a small 4" by 4" square and surround it with a very large white matte, then frame with a modern black wood frame.

This makes a simple image instantly look more modern. You can also turn coloured photos into black and white images — a great way to give a collage of framed photos some consistency.

Making poster-sized art

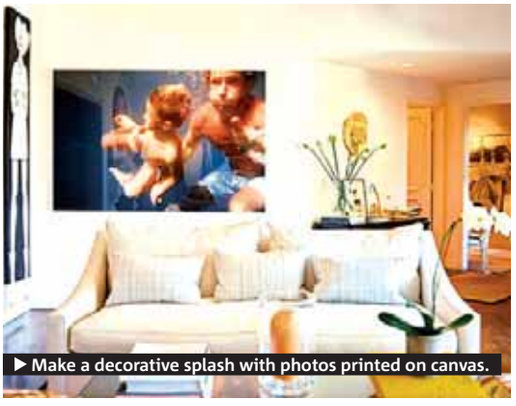
To make a small space feel bigger simply add large art or mirrors. This creates a big impact while taking up no precious floor space!

My favourite poster art is children's fridge art. Scan a brightly coloured painted handprint page and have it enlarged into poster-sized paper.

A simple frame (try Ikea) will help to give your new poster sized art a professionally-finished look.

One large poster of homemade art can look special whereas more than one looks a bit common.

CONTRIBUTED



▶ Make a decorative splash with photos printed on canvas.

Printing on canvas

The texture of the canvas and the thick edges of the stretcher frame will give an artful look to the simplest of pictures.

Using photophore, consider modifying your photo to make it a bit more artful. The antiquing, colour contrasting and black/white imaging are my favourites. When re-printed on canvas they will really look like artwork rather than just a photo.

Printing on metal

Consider reprinting your digital photo on a sheet of stainless steel.

The sheen of the stainless steel appears beneath the artwork to help give a very contemporary and reflective quality to your artwork.

A lovely landscape shot, digitalized in black/white or sepia tone will take on a mysterious look when printed on metal.

Laser printing

The least expensive way to reproduce your images, laser printing allows you to enlarge or reduce your image for big or small impact.

ISTOCK IMAGES

▶ Frame the results on your two minutes in a photo booth .

ISTOCK IMAGES

▶ Black and white images take on a timeless quality.

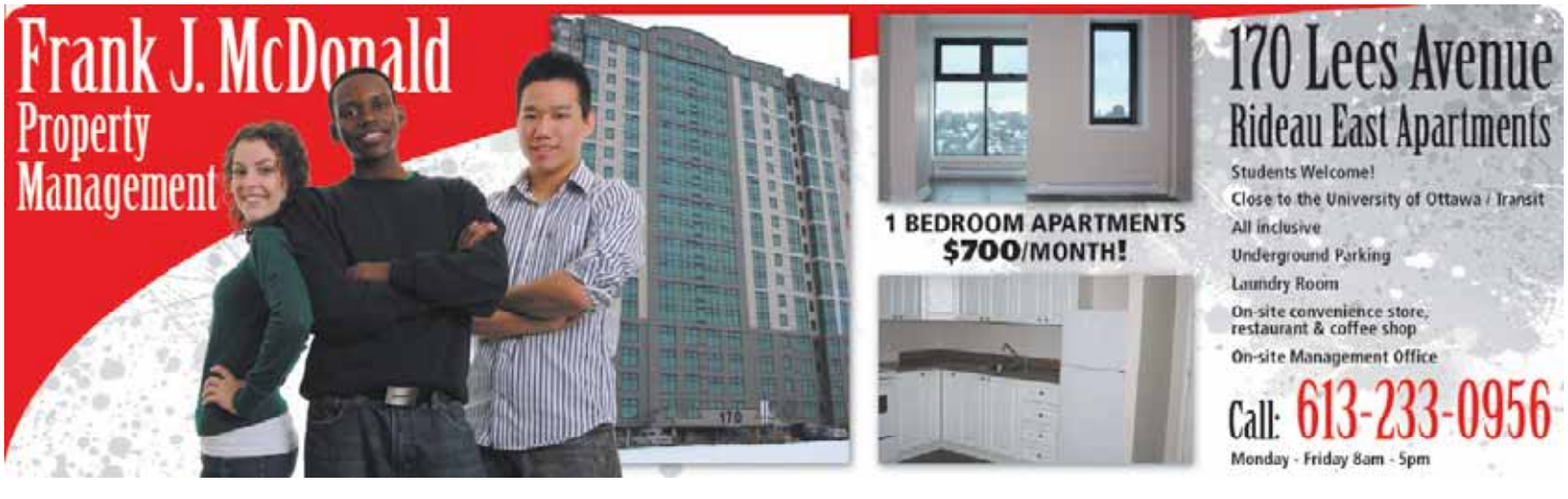
Why not reproduce Grannie's portrait in black and white, then re-paint on brightly coloured makeup (creative gel markers work great) for a Warhol-ish look.

The original photo will be safe in an album or on the computer and you have fun personalizing photos for a fun and artful piece of art.

Frame matters

Create a real designer by framing modern-style art pieces with traditional frames.

- **Black and white** One of my favourite art pieces is a black and white photo of a single flower and it is framed in a super-fancy carved frame that has been spray painted in electric blue colour.
- **Mix it up** The juxtaposition between the modern art, traditional frame and splashy colour of frame makes for a statement piece in a boring hallway.



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LET THE SUMMER SUN IN

CHARLES THE BUTLER

ASKCHARLES THEBUTLER@ METRONEWS.CA

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With summer finally here — I want to let the sunshine in! What's the best way to clean filthy windows outside?
Betty, Edmonton

Dear Betty:

First, you should remove any excess dirt and grime from the windows. Do this with a watering hose or a pail filled with lots of fresh clean water and a capful of dish soap. Once you have removed the surface dirt you are ready to clean the windows to a streak-free shine. Here are several options to consider:

1. A good commercial cleaner (with ammonia) and newspaper does a wonderful job.

2. A solution of 50 per cent water and 50 per cent vinegar is great.

Spray this onto the window and then use either newspaper or a microfiber cloth to wipe the window dry, thus avoiding streaks.

3. A pail full of warm, clean water with a capful of dish soap will also do the job. Use a sponge to wash the window and then use a squeegee to leave the glass crystal clean.

Question:
My husband managed to stain his best shorts with pen ink. How do I get out the stain?
Laura, Victoria

Hello Laura:

Good news — this is a relatively easy stain to remove. Pour a few capfuls of pure rubbing alcohol into a little dish.

Now, dip a clean cotton swab into the alcohol and slowly and gently rub it onto the ink stain.

As the cotton swab starts to absorb the ink, change it for a clean one. Remember: be patient.

Non-removable ink stains will not come out, and please do test the fabric with the alcohol in a hidden area before you start working on the stain.

HAVE AN ETIQUETTE OR HOUSEKEEPING QUESTION? EMAIL ASKCHARLESTHEBUTLER@METRONEWS.CA

▶ You can still do spring cleaning in the summer.

JACQUES BRINON/THE ASSOCIATED PRESS

Canine. Comfort line

Puppy love to the max

Puppy de Paris, a new French fashion label, is serving up luxury doggy digs steeped in Paris chic. Vasco, an American cocker spaniel, poses in a velvet bed painted with scenes from Parisian bakeries and fitted with lion's paw feet in hand-cast silver.

"For lots of people, their dogs are their constant companions and best friends," says Frenchwoman Karin Fainas, who made the line. "So there's literally no doubt they're worth it."

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Keeping cool in summer

Don't underestimate a ceiling fan when it comes to surviving the dog days of July and August

ISTOCK IMAGES

▶ Fall asleep under a gentle breeze on a hot summer's night.

DIY IDEAS

It may feel nice to keep the AC on full blast from now until September, but when you do that, you're running your energy costs sky-high and not doing Mother Nature any favours.

We spoke with Taniya Nayak, host of HGTV's House Hunters on Vacation, who offered some better tips for beating the summer heat.

Paint zen colours

"The light, more powdery pastel colours are very cooling and soothing. You could even go tan as long as it's like a grayish-taupy tan."

Pick the right shades

"If you're going to do window treatments, you could just add white window shades. They're white so they'll reflect the light off. Cellular shades or honeycomb shades are awesome too because they almost trap the heat in the cellular compartments of the shade. They're a little more expensive, but I think if you're living in a house for a long time it would be a good investment to make."

Replace your rugs

"If you have a heavy carpet, a really inexpensive solution is to pick up one of those natural fibre jute rugs. They're almost very nautical in a sense so it gives you that sense of coolness. It makes you feel like you're on the beach."

Switch out your light bulbs

"Most people have incandescent bulbs but they burn a lot of energy, so you could swap them out for a more energy-efficient fluorescent bulb."

Work with nature

"If you plant trees on the south or west sides of your house, it'll keep it cooler in the summer but it'll actually keep it warmer in the winters because the sun sets and rises on the opposite side in the winter."

Stay away during mid-day

"Sometimes it's a better idea to shower in the morning or at night and not in middle of the day; same thing with doing dishes, washing and drying your clothes, cooking — all that stuff can help reduce heat in the house. You're just trying to avoid that midday heat — that's when it's the worst."

Think long-term

"If you're going to live there for awhile it might be worth [adding] insulation to your attic. You could go up to like 12 inches of insulation and it'll dramatically reduce the heat that's in your house."

Choose your fabrics wisely

"If we're going to talk from a design standpoint, it's fabrics that you want to consider using when you want to think about keeping cool. Even if it's on your body, or if it's window treatments or pillows or even sheets on your bed. Cotton is a great one. Linen is another really nice, lightweight one and it's very porous so it allows it to breathe. Silk is a really good one — it's just very light. I just did a shoot in St. Thomas and the cameramen were all literally sweating through their clothes; I was wearing silk and it was so breezy and light and comfortable."

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Kitchen talk with Canada's Top Chef

Dale MacKay, the winner of Top Chef Canada and owner of Vancouver's French restaurant Ensemble (and protégé of chef Gordon Ramsay), chops it up with Metro.

What's the one ingredient you must have in your kitchen at all times?
Spices are probably one of the most important ingredients that I use. I have a love for them all, but kaffir lime is something that I use a lot of.

What food do you feel is the most underrated?
Brussel sprouts. Often people just boil them and it's just not very tasty. But when you roast and cook them with bacon, they're one of the most delicious veggies.

What is your guilty pleasure or comfort food?
Barbecue. All types of barbecue — pulled pork, ribs, flank, you know.

What's the worst meal you ever made?
I cooked for my ex-girlfriend's family in Poland and it wasn't very nice. I tried to make an eggplant purée with white fish and some Polish potatoes and stuff. It didn't go over well.

If you could go toe-to-toe with a chef, who would it be?
I'd like to go toe-to-toe with any chef. But I'd say Gordon Ramsay. I worked for him so it'd be hilarious to try to beat the master.

PHOEBE HO FOR METRO

Dress up spaghetti for summer

Fresh mango salsa and grilled shrimp skewers pair well with pasta

This summery pasta dish infused with Latin American flavours is a delightful option to serve and it is easy on the budget. The recipe is also packed with healthy antioxidant and nutrient-rich ingredients such as mango and red pepper. Removing the seeds from the jalapeno peppers takes away much of the heat. If desired, replace shrimp with grilled skewers of boneless, skinless chicken breast.

THE CANADIAN PRESS H/O

▶ This dish will serve six.

Ingredients:
- 1 box (375 g) whole-grain spaghetti
- 50 ml (1/4 cup) lime juice
- 45 ml (3 tbsp) canola oil
- 10 ml (2 tsp) each finely grated lime zest and honey
- 3 cloves garlic, minced
- 500 g (1 lb) peeled, uncooked large shrimp
- 2 ripe mangoes, peeled, chopped and divided
- 2 red peppers, chopped
- 175 ml (3/4 cup) chopped red onion
- 2 jalapeno peppers, seeded and chopped
- 2 ml (1/2 tsp) each salt and pepper
- 250 ml (1 cup) coarsely chopped fresh coriander

Preparation:

1. Preheat grill to medium-high heat.
2. In a small bowl, whisk lime juice with oil, lime zest, honey and garlic. In a separate bowl, toss shrimp with 30 ml (2 tbsp) of the dressing. Let stand for 10 minutes. Thread shrimp onto 6 large wooden skewers that have been soaked in water to minimize flare ups.
3. Meanwhile, place remaining dressing mix and one mango in the bowl of a food processor fitted with a metal blade. Pulse until finely chopped. Add remaining mango, red peppers, onion, jalapeños, salt and pepper; pulse until coarsely chopped.
4. Prepare spaghetti according to package directions; drain well. Grill shrimp skewers for 3 minutes per side or until pink all over. Toss hot spaghetti with mango salsa mix and coriander. Garnish each portion with a shrimp skewer.

THE CANADIAN PRESS/ CATELLI HEALTHY HARVEST

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SPECIAL INFORMATION FEATURE

St. Ambroise Raspberry Wheat

Juicy raspberry flavours a summertime favourite

JEFF O'REILLY
OTTAWA@METRONEWS.CA

Montreal's McAuslan Brewing has been an industry leader since its humble beginnings in 1989. It was the first Quebec micro-brewed beer to be sold in bottles (1989), the makers of Quebec's first beer mustard (1994), and in 1995 it was the first Canadian brewery on the Internet (I did not know that!).

McAuslan's most popular beer line St. Ambroise is famous for its internationally and critically acclaimed seasonal beers. The magnificent Oatmeal Stout is a wonderful winter warmer, the Apricot Wheat an effervescent spring patio favourite, and now its summer seasonal is making waves — delightfully presented in French as "Biere A La Framboise St. Ambroise." The St. Ambroise Raspberry Ale is a definitely muddled dark pinkish brown in colour. The aromas of sweet cooked raspberries shine through the fizzy head and the taste is really jammy — slightly tart, tangy and sweet, all seemingly happening at the same time with light citrus hops and soft pale malts waiting patiently in the background. You may experience a subtle dry and mouth-puckering finish similar to when drinking red wine.

While completely delicious and satisfying on its own, for the adventurous (and you know who you are), I recommend mixing things up a little and sampling it ¼ Raspberry Ale to ¾ cider to for a unique summer aperitif. Or, for amazing after-meal results, use the same 1/4 to 3/4 mix with the Oatmeal Stout — as it instantly reminded me of the childhood dessert treat Dare Pure Chocolate (Raspberry) Whippets — which I am now on a desperate grocery store mission to find. I love how distinct tastes ignite forgotten memories.

St. Ambroise Raspberry Ale is available at select pubs and eateries in the Ottawa area.

JEFF O'REILLY/FOR METRO

▶ Svenja serving up a delicious St. Ambroise Raspberry Ale at The Black Tomato.

Seasonal Sips

Leone de Castris Messapia Verdeca crisp, floral and citrusy ◐ Celebrate NAC's Lion King with South African wine

Carravagio and His Circle, Exhibition at the National Gallery, throughout the summer: Old Italian painters are the stars of this exhibition. Verdeca is an old Italian grape that is rarely a star, usually making a fairly neutral, not-too-interesting white wine. The **Leone de Castris Messapia Verdeca** ($14.95 +221879), however, reaches star status as one of the wines in Vintages' 90 Plus Points Wines feature. Crisp, floral and citrusy, try it with a Caprese Salad as you contemplate Italy's many contributions to the world of art — visual, culinary, and vinous. Available at Vintages July 9.

The Lion King, at the NAC from July 14: As a post-show tipple, celebrate the "circle of life" with a South African wine. Bordeaux blends are something South Africa does very well — many are dead ringers for the real thing. Often premium-priced, the **Journey's End Pastor's Blend** ($16.95 +206292) is a steal. It's a Bordeaux blend with a typical South African twist; a splash of Shiraz along with the more usual Cabernet and Merlot. Available at Vintages July 9.

ALLYSON BYCRAFT IS CURRENTLY ON A VINOUS ADVENTURE AT BABCOCK WINERY IN CALIFORNIA. FOLLOW HER GOINGS ON AT SCRATCHINGSFROMACELLARRAT.BLOGSPOT.COM

SAMANTHA EVERTS/FOR METRO

▶ For more information, visit OttawaGoodFoodBox.ca

The secret's out of the box

The Ottawa Good Food Box is a local collective of community members that purchases large amounts of fruit and vegetables for bulk prices from local farmers and wholesalers, making fresh produce affordable for everyone. "I love that you never know what you're going to get," said one woman as she packed up her food box.

Every month you select the size of the box you want (usually based on the number of people in your household), and you order from the closest volunteer-run participating centre (churches, community centres, and so on). They are then delivered every third Wednesday of the month. Price of the boxes are $10, $15 and $20. For $15, you can expect several pounds of carrots, potatoes, onions, family favourites like bananas and apples, and unexpected items such as bok choy and beets. Unsure of how to cook them? The collective's newsletter — which comes with the food box — includes creative recipes.

There's an all-organic box available for $25.

SAMANTHA EVERTS

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If I only had $100, I would buy at Vintages

SUSAN DESJARDINS
OTTAWA@METRONEWS.CA

Looking for la crème de la crème?

Savour some of the 90+ wines in the July 9 LCBO Vintages release — I've highlighted a couple. For perfect patio entertaining, pop the cork on one of the exceptional featured sparklers.

Louis Bouillot 'Perle d'Aurore' Brut Rosé Crémant de Bourgogne, France, LCBO #48793 $18.95 Dry yet fruity, the delicate bubbles carry summer berry flavours.

Rocca di Castagnoli Chianti Classico 2007, Italy, LCBO #222810 $19.95 Fresh yet round, red cherry/berry flavours and exotic spice delight.

Ramos Pinto 'Duas Quintas' Reserva 2007, Portugal, LCBO #951301 $21.95 Big, bold and satiny smooth — just delicious!

Château Hourbanon 2003, France, LCBO #125922 $21.95 A red wine with firm structure underlying complex aromas and flavours — great value!

Baglio di Pianetto 'Shymer' Syrah/Merlot 2008, Italy, LCBO #218501 $15.95 Heady and intensely flavourful; a full-bodied wine with a fruity finish.

Grand Total: $98.75

FOR MORE INFORMATION, GO TO SAVVYCOMPANY.CA

RYAN MCVAY/ DIGITAL VISION/THINKSTOCK

▶ Savour some of the wines in the July 9 LCBO Vintages release this summer.

Tour de France. Fifth stage

▶ A farmer watches the packs pass by near Plougonver, during the fifth stage of the Tour de France cycling race yesterday. British speedster Mark Cavendish won the windy and crash-marred stage in a mass sprint, as Thor Hushovd of Norway kept the leader's yellow jersey.

CHRISTOPHE ENA/THE ASSOCIATED PRESS

Clemens perjury trial opens

Judge raps U.S. Congress for withholding an audiotape of former pitcher's deposition

Roger Clemens' perjury trial opened yesterday with both sides raising the prospect of calling a roster of former baseball stars as witnesses and the judge angrily criticizing Congress for withholding an audiotape of Clemens' deposition at the heart of the case.

Clemens is accused of lying under oath to the House Government Reform Committee in 2008 when he denied ever using performance-enhancing drugs during his record-setting career as a major league pitcher. The trial began with an intensive jury selection process expected to last into next week.

Prosecutors and the defence read the panel a list of people who may be called as witnesses or mentioned at the trial that included some of the biggest names in baseball, including those who have been at the centre of the steroid scandal such as Mark McGwire, Barry Bonds, Sammy Sosa, Rafael Palmeiro and Jose Canseco.

The list also included baseball commissioner Bud Selig, New York Yankees general manager Brian Cashman, former Yankees manager Joe Torre, former players union director Donald Fehr, and several other officials and teammates from the four major league teams Clemens played for.

Jurors were asked about their knowledge of those figures as well as their feelings about the case, baseball, Congress and the law. They were asked whether they played organized sports, read sports news or were baseball fans.

THE ASSOCIATED PRESS

4 sports

Quoted

"If I say I want to do it at home now, what's that saying? I don't want to get a hit every time up?"

DEREK JETER, ON THE POSSIBILITY OF REACHING 3,000 HITS AT HOME. JETER HAD 2,996 HITS HEADING INTO LAST NIGHT'S GAME IN CLEVELAND.

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	51	33	.607	—
Boston	50	35	.588	1½
Tampa Bay	48	39	.552	4½
Toronto	42	45	.483	10½
Baltimore	36	47	.434	14½

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	45	39	.536	—
Detroit	46	42	.523	1
Chicago	43	45	.489	4
Minnesota	38	47	.447	7½
Kansas City	36	51	.414	10½

WEST DIVISION

	W	L	Pct	GB
Texas	46	41	.529	—
Los Angeles	46	42	.523	½
Seattle	43	44	.494	3
Oakland	39	49	.443	7½

Yesterday's results
Detroit 5 L.A. Angels 4
Kansas City 4 Chicago White Sox 1
Oakland 2 Seattle 0
Tampa Bay 12 Minnesota 5
N.Y. Yankees at Cleveland
Toronto at Boston
Baltimore at Texas
Tuesday's results
Boston 3 Toronto 2
Kansas City 5 Chicago White Sox 3
L.A. Angels 1 Detroit 0
Minnesota 3 Tampa Bay 2
N.Y. Yankees 9 Cleveland 2
Seattle 4 Oakland 2 (10 innings)
Texas 4 Baltimore 2
Tonight's games
All Times Eastern
Toronto (C.Villanueva 5-1) at Cleveland (McAllister 0-0), 7:05 p.mTampa Bay (Niemann 3-4) at N.Y. Yankees (Colon 6-3), 7:05 p.m.
Baltimore (Arrieta 9-5) at Boston (A.Miller 2-0), 7:10 p.m.
Oakland (Harden 1-0) at Texas (D.Holland 6-4), 8:05 p.m.
Detroit (Scherzer 9-4) at Kansas City (Duffy 1-3), 8:10 p.m.
Minnesota (Pavano 5-6) at Chicago White Sox (Humber 8-4), 8:10 p.m.
Seattle (Fister 3-9) at L.A. Angels (Weaver 10-4), 10:05 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	55	32	.632	—
Atlanta	51	36	.586	4
New York	44	42	.512	10½
Washington	44	43	.506	11
Florida	38	48	.442	16½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	47	40	.540	—
Milwaukee	46	42	.523	1½
Pittsburgh	45	42	.517	2
Cincinnati	43	44	.494	4
Chicago	35	52	.402	12
Houston	30	58	.341	17½

WEST DIVISION

	W	L	Pct	GB
San Francisco	48	39	.552	—
Arizona	47	41	.534	1½
Colorado	41	45	.477	6½
San Diego	40	47	.460	8
Los Angeles	37	50	.425	11

Yesterday's results
Houston 8 Pittsburgh 2
Milwaukee 3 Arizona 1
Chicago Cubs at Washington
Colorado at Atlanta
Philadelphia at Florida
Cincinnati at St. Louis
N.Y. Mets at L.A. Dodgers
San Diego at San Francisco
Tuesday's results
Arizona 7 Milwaukee 3
Atlanta 5 Colorado 3
N.Y. Mets 6 L.A. Dodgers 0
Philadelphia 14 Florida 2
Pittsburgh 5 Houston 1
San Diego 5 San Francisco 3
St. Louis 8 Cincinnati 1
Washington 3 Chicago Cubs 2
Today's games
All Times Eastern
Colorado (Nicasio 3-1) at Atlanta (T.Hudson 7-6), 1:05 p.m.
Chicago Cubs (Garza 4-7) at Washington (L.Hernandez 5-8), 7:05 p.m.
Houston (Happ 3-10) at Florida (Hand 0-3), 7:10 p.m.
Cincinnati (H.Bailey 3-3) at Milwaukee (Narveson 5-5), 8:10 p.m.
Arizona (J.Saunders 5-7) at St. Louis (McClellan 6-5), 8:15 p.m.
N.Y. Mets (Gee 8-2) at L.A. Dodgers (Kershaw 8-4), 10:10 p.m.
San Diego (Luebke 2-2) at San Francisco (Zito 2-1), 10:15 p.m.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	1	1	0	0	30	26	2
Winnipeg	1	1	0	0	24	16	2
Toronto	1	1	0	0	23	21	2
Hamilton	1	0	1	0	16	24	0

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Edmonton	1	1	0	0	42	28	2
Saskatchewan	1	0	1	0	28	42	0
B.C.	1	0	1	0	26	30	0
Calgary	1	0	1	0	21	23	0

WEEK TWO
All Times Eastern
Tomorrow's games
Toronto at Winnipeg, 7:30 p.m.
Calgary at B.C., 10:30 p.m.
Saturday's games
Montreal at Saskatchewan, 4 p.m.
Hamilton at Edmonton, 7 p.m.

PLAYERS OF THE WEEK

WEEK ONE
Offense — Jamel Richardson, SB, Montreal Alouettes
Defense — Alex Suber, DB, Winnipeg Blue Bombers
Special Teams — Tim Brown, KR/PR, B.C. Lions
Canadian — Ian Logan, S, Winnipeg Blue Bombers

SCORING LEADERS

	TD	C	FG	S	Pts
McCallum, BC	0	2	4	0	14
Barnes, Edm	2	0	0	0	12
Duval, Edm	0	5	2	1	12
Whyte, Mtl	0	3	3	0	12
Richardson, Mtl	2	0	0	0	12
Prefontaine, Tor	0	2	3	0	11
Medlock, Ham	0	1	3	0	10
Johnson, Sask	0	3	2	1	10
Palardy, Wpg	0	2	2	1	9

TRANSACTIONS

MLB

AMERICAN LEAGUE

BOSTON RED SOX — Placed LHP Jon Lester on the 15-day DL. Recalled RHP Scott Atchison from Pawtucket (IL).
CLEVELAND INDIANS — Activated 1B Matt LaPorta from the 15-day DL. Optioned RHP Josh Judy to Columbus (IL).
N.Y. YANKEES — Activated RHP Phil Hughes from the 60-day DL. Released RHP Kanekoa Texeira from Scranton/Wilkes-Barre (IL).

NBA

GOLDEN STATE WARRIORS — Named Marty Glick chief financial officer.
INDIANA PACERS — Named Frank Vogel coach.

NHL

CALGARY FLAMES — Signed G Leland Irving to a one-year contract.
COLUMBUS BLUE JACKETS — Signed D Radek Martinek to a one-year contract.
MINNESOTA WILD — Signed LW Colton Gillies to a two-year contract.
OTTAWA SENATORS — Re-signed F Erik Condra to a two-year contract.
PHOENIX COYOTES — Signed D Nathan Oystrick, D Dean Arsene and F Matt Watkins to one-year contracts.
ST. LOUIS BLUES — Signed F Jason Arnott and F Jamie Langenbrunner to one-year contracts.
SAN JOSE SHARKS — Re-signed G Thomas Greiss to a two-year contract.
TAMPA BAY LIGHTING — Signed C Tom Pyatt to a one-year contract.
WASHINGTON CAPITALS — Signed RW Troy Brouwer to a two-year contract.

GOLF

THIS WEEK

PGA JOHN DEERE CLASSIC

Site: Silvis, Ill.
Schedule: Today-Sunday.
Course: TPC Deere Run (7,268 yards, par 71).
Purse: US$4.5 million. **Winner's share:** $810,000.
Online: http://www.pgatour.com

U.S. WOMEN'S OPEN

Site: Colorado Springs, Colo.
Schedule: Today-Sunday.
Course: The Broadmoor, East Course (7,047 yards, par 71).
Purse: TBA (US$3.25 million in 2010). **Winner's share:** TBA ($585,000 in 2010).
Online: http://www.usga.org
LPGA Tour site: http://www.lpga.com

CHAMPIONS FIRST TEE OPEN

Site: Pebble Beach, Calif.
Schedule: Tomorrow-Sunday.
Courses: Pebble Beach Golf Links (6,837 yards, par 72) and Del Monte Golf Course (6,357 yards, par 72).
Purse: $1.6 million. **Winner's share:** $240,000.

EUROPEAN PGA SCOTTISH OPEN

Site: Inverness, Scotland.
Schedule: Today-Sunday.
Course: Castle Stuart Links (7,050 yards, par 72).
Purse: $4.82 million. **Winner's share:** $803,695.

TENNIS

ATP CAMPBELL'S HALL OF FAME CHAMPIONSHIPS

At Newport, R.I.
Singles — Second Round
John Isner (1), U.S., def. Arnaud Clement, France, 7-6 (6), 6-4.
Denis Kudla, U.S., def. Grigor Dimitrov (2), Bulgaria, 6-1, 6-4.
Alex Bogomolov, Jr. (5), U.S., def. Ruben Bemelmans, Belgium, 2-6, 6-0, 6-1.
Olivier Rochus (6), Belgium, def. Nicolas Mahut, France, 6-4, 7-6 (3).
Tobias Kamke (8), Germany, def. Donald Young, U.S., 7-6 (3), 6-4.
Matthew Ebden, Australia, def. Matthias Bachinger, Germany, 2-6, 6-4, 6-4.
Edouard Roger-Vasselin, France, def. Jimmy Wang, Taiwan, 7-5, 6-4.
Michael Yani, U.S., def. Tommy Haas, Germany, 5-2 (retired).
Doubles — First Round
Johan Brunstrom, Sweden, and **Adil Shamasdin, Pickering, Ont.**, def. Matthias Bachinger and Michael Kohlmann, Germany, 6-4, 6-1.

WTA SWEDISH OPEN

At Bastad, Sweden
Singles — Second Round
Sofia Arvidsson, Sweden, def. Caroline Wozniacki (1), Denmark, 2-6, 1-0 (retired).
Flavia Pennetta (2), Italy, def. Angelique Kerber, Germany, 6-2, 6-3.
Lourdes Dominguez Lino (4), Spain, def. Arantxa Parra Santonja, Spain, 7-5, 6-1.
Johanna Larsson, Sweden, def. Vera Dushevina (5), Russia, 6-7 (4), 6-2, 6-2.
Barbora Zahlavova Strycova (7), Czech Republic, def. Anastasiya Yakimova, Belarus, 7-5, 4-6, 6-3.
Polona Hercog (8), Slovenia, def. Aravane Rezai, France, 3-6, 6-4, 7-6 (4).
Maria Jose Martinez Sanchez, Spain, def. Nuria Llagostera Vives, Spain, 7-5, 6-1.
Vesna Dolonts, Russia, def. Sorana Cirstea, Romania, 6-3, 6-3.

WTA BUDAPEST GRAND PRIX

At Budapest, Hungary
Singles — Second Round
Klara Zakopalova (3), Czech Republic, def. Aleksandra Krunic, Serbia, 7-5, 7-5.
Anabel Medina Garrigues (5), Spain, def. Lesia Tsurenko, Ukraine, 6-2, 7-5.
Irina-Camelia Begu (7), Romania, def. Ajla Tomljanovic, Croatia, 6-4, 6-4.
Kateryna Bondarenko, Ukraine, def. Olga Savchuk, Ukraine, 6-3, 6-2.
Zuzana Kucova, Slovakia, def. Alona Bondarenko, Ukraine, 6-3, 6-1.
Doubles — First Round
Anabel Medina Garrigues, Spain, and Alicja Rosolska (1), Poland, def. Timea Babos and Katalin Marosi, Hungary, 4-6, 6-1, 10-8 (tiebreak).
Eva Birnerova and Lucie Hradecka (3), Czech Republic, def. Dia Evtimova, Bulgaria, and Viktorija Golubic, Switzerland, 6-2, 6-4.
Petra Martic, Croatia, and Olga Savchuk, Ukraine, def. Sandra Klemenschits, Austria, and Lesia Tsurenko, Ukraine, 4-6, 6-1, 10-7 (tiebreak).
Quarter-finals
Natalie Grandin, South Africa, and Vladimira Uhlirova (2), Czech Republic, def. Mariya Koryttseva, Ukraine, and Ioana Raluca Olaru, Romania, 6-2, 7-5.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Philadelphia	17	7	4	6	21	16	27
New York	18	5	3	10	29	23	25
Columbus	17	6	5	6	20	19	24
Kansas City	16	5	6	5	21	22	20
Houston	18	4	6	8	21	22	20
D.C. United	16	4	5	7	23	29	19
Chicago	18	2	4	12	19	22	18
Toronto	19	3	7	9	17	29	18
New England	18	3	8	7	16	24	16

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	20	9	2	9	25	15	36
Dallas	18	10	4	4	26	17	34
Seattle	20	8	4	8	25	18	32
Real Salt Lake	16	7	3	6	21	12	27
Colorado	18	5	5	8	19	21	23
San Jose	16	5	5	6	22	19	21
Portland	16	5	8	3	19	28	18
Chivas USA	17	4	7	6	21	22	18
Vancouver	18	2	8	8	18	25	14

Note: Three points for a win, one for a tie.
Last night's results
Toronto at New York
Colorado at Kansas City
Columbus at Vancouver
San Jose at Chivas USA
Saturday's games
All Times Eastern
D.C. United at New York, 7:30 p.m.
Chivas USA at Kansas City, 7:30 p.m.
Toronto at Houston, 8:30 p.m.
Dallas at Real Salt Lake, 9 p.m.
Vancouver at Colorado, 9 p.m.
Chicago at Los Angeles, 10:30 p.m.
Philadelphia at San Jose, 10:30 p.m.
Sunday's game
Seattle at Portland, 4 p.m.

NASL

	GP	W	L	T	GF	GA	Pt
Carolina	14	12	1	1	33	11	37
Edmonton	14	7	4	3	17	14	24
Puerto Rico	14	6	4	4	22	22	22
Minnesota	14	4	3	7	16	14	19
Tampa Bay	14	4	5	5	16	20	17
Fort Lauderdale	14	3	3	8	19	19	17
Montreal	14	2	8	4	11	15	10
Atlanta	14	1	11	2	12	31	5

Monday's results
Edmonton 0 Minnesota 0
Puerto Rico 4 Atlanta 3
Tampa Bay 4 Fort Lauderdale 2
Saturday's games
All Times Eastern
Atlanta at Fort Lauderdale, 7:30 p.m.
Tampa Bay at Puerto Rico, 8:05 p.m.
Carolina at Minnesota, 8:30 p.m.

FIFA WOMEN'S WORLD CUP

GROUP A

	GP	W	L	T	GF	GA	Pt
x-Germany	3	3	0	0	7	3	9
x-France	3	2	1	0	7	4	6
Nigeria	3	1	2	0	1	2	3
Canada	**3**	**0**	**3**	**0**	**1**	**7**	**0**

GROUP B

	GP	W	L	T	GF	GA	Pt
x-England	3	2	0	1	5	2	7
x-Japan	3	2	1	0	6	3	6
Mexico	3	0	1	2	3	7	2
New Zealand	3	0	2	1	4	6	1

GROUP C

	GP	W	L	T	GF	GA	Pt
x-Sweden	3	3	0	0	4	1	9
x-U.S.	3	2	1	0	6	2	6
North Korea	3	0	2	1	0	3	1
Colombia	3	0	2	1	0	4	1

GROUP D

	GP	W	L	T	GF	GA	Pt
x-Brazil	3	3	0	0	7	0	9
x-Australia	3	2	1	0	5	4	6
Norway	3	1	2	0	2	5	3
Equatorial Guinea	3	0	3	0	2	7	0

x — advanced to quarter-finals.
Yesterday's results
At Wolfsburg, Germany
Sweden 2 U.S. 1
At Bochum, Germany
North Korea 0 Colombia 0
At Frankfurt
Brazil 3 Equatorial Guinea 0
At Leverkusen, Germany
Australia 2 Norway 1
End of Group Stage
Tuesday's results
At Dresden, Germany
Nigeria 1 **Canada 0**
At Moenchengladbach, Germany
Germany 4 France 2
At Augsburg, Germany
England 2 Japan 0
At Sinsheim, Germany
New Zealand 2 Mexico 2
SECOND ROUND
Quarter-finals
Saturday's games
All Times Eastern
At Leverkusen, Germany
England vs. France, 12 noon
At Wolfsburg, Germany
Germany vs. Japan, 2:45 p.m.
Sunday's games
At Augsburg, Germany
Sweden vs. Australia, 7 a.m.
At Dresden, Germany
Brazil vs. U.S., 11:30 a.m.

FIFA MEN'S UNDER-17 WORLD CUP

Today's games
Semifinals
All Times Eastern
At Guadalajara, Mexico
Uruguay vs. Brazil, 4 p.m.
At Torreon, Mexico
Germany vs. Mexico, 7 p.m.
Sunday's games
At Mexico City
Bronze Medal
Semifinal losers, 4 p.m.
Gold Medal
Semifinal winners, 7 p.m.

CYCLING

TOUR DE FRANCE

At Cap Frehel, France
Fifth Stage — 164.5 kilometres (flat terrain)
1. Mark Cavendish, Britain, HTC-Highroad, three hours, 38 minutes, 32 seconds; 2. Philippe Gilbert, Belgium, Omega Pharma-Lotto, same time; 3. Jose Joaquin Rojas, Spain, Movistar, s.t.; 4. Tony Gallopin, France, Cofidis, s.t.; 5. Geraint Thomas, Britain, Sky Procycling, s.t. **Also — 55. Ryder Hesjedal, Victoria, Garmin-Cervelo, s.t.**
Overall Standings (after five stages)
1. Thor Hushovd, Norway, Garmin-Cervelo, 17 hours, 36 minutes, 57 seconds; 2. Cadel Evans, Australia, BMC, one second behind; 3. Frank Schleck, Luxembourg, Leopard-Trek, 0:04; 4. David Millar, Britain, Garmin-Cervelo, 0:08; 5. Andreas Kloeden, Germany, RadioShack, 0:10; **Also — 32. Ryder Hesjedal, Victoria, Garmin-Cervelo, 1:22.**

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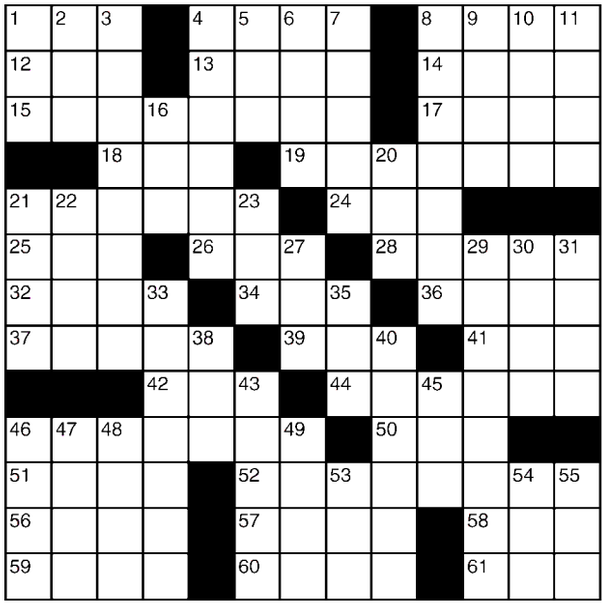
Crossword



Across

1 Feds' org.
4 Cheese in a mouse-trap
8 — mater
12 Romaine
13 Loosen
14 Shakespeare's king
15 Kitchen strainer
17 Movie pal of Stitch
18 Charlie Brown : "Good grief" :: Cathy : —
19 Defendant
21 Cold spell
24 Scuttle
25 Conclude
26 Carpet
28 Crystal-lined rock
32 — out (supplemented)
34 Do lawn work
36 Phony coin
37 Heat-resistant glass
39 Father
41 Ike's command
42 Round Table address
44 Settles a debt
46 Genus sub-group
50 Chignon
51 Broad
52 Waste
56 Related
57 Rock band's gear
58 Comic Philips
59 Require
60 Sommelier's suggestion
61 Massage

Down

1 Radio watchdog grp.
2 Greet the villain
3 Crusoe, e.g.
4 Sand trap
5 Moreover
6 Concept
7 Liberty's prop
8 Refers (to)
9 Luau wreaths
10 Guy
11 Yankee nickname
16 Performance
20 Gear tooth
21 Cry
22 Black
23 Pirates' potation
27 Deity
29 Ornamental dogbane
30 Responsibility
31 Hollywood clashers
33 Drop
35 Sherman called it "hell"
38 Noon, in a way
40 Adulterate
43 Cut smaller boards
45 Piece of wordplay
46 Graceful bird
47 Toll road, for short
48 Adams or Falco
49 640 acres (Abbr.)
53 Bygone TV channel
54 Flightless bird
55 Plagiarize

▶ Yesterday's answer

B	O	B		S	C	U	D		S	W	A	B		
A	L	E		E	E	R	O		H	O	H	O		
L	E	E		A	L	L	T	H	E	W	A	Y		
M	O	T	I	F			E	E	K					
			M	O	A	T		X	E	B	E	C		
A	L	L	F	O	U	R	S		L	A	M	E		
D	I	E		D	R	I	E	S		B	I	D		
D	R	A	B		A	L	L	T	H	E	R	E		
S	A	K	E	S		L	A	R	A					
			F	O	P			U	S	U	A	L		
A	L	L	A	B	O	A	R	D		S	L	Y		
P	E	E	L		L	I	N	E		E	G	O		
E	T	A	L		O	R	A	L		D	A	N		

Sudoku

	8	1	4			3		
	2			9		4		
	4		6		3			
			5				6	
3			2		1			9
	9				4			
			7		5		3	
		8		2			4	
		6			8	9	7	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	2	3	5	9	8	6	7	4
6	7	5	4	1	3	2	9	8
8	9	4	2	7	6	3	5	1
5	3	1	7	6	4	9	8	2
9	6	7	1	8	2	4	3	5
2	4	8	3	5	9	7	1	6
4	5	2	8	3	7	1	6	9
3	8	9	6	4	1	5	2	7
7	1	6	9	2	5	8	4	3

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

CC, The past year has been so amazing. I am so happy you decided to be a part of my life. Thank you for giving me the opportunity to open my heart to such a wonderful girl. You're the best thing that has ever happened to me. xoxo **RYAN**

Pa, Hey there seksi! Awesome job for beating the rain while riding your bike to work. Hope you have a great day. Don't stress to much of whats going on;) I love you beybie!! **MA**

BooBoolicious, As we approach our first wedding anniversary, and I reflect back on the past year Im filled love, happiness and pure joy, and it's all becuase of you. I love you and I can't wait to see what the future holds for us. You are the best husband a girl could ask for. XOXO **HONEY BABY**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
No matter what others may want you to do, don't force it if you are not in the mood for socializing.

♉ Taurus April 21-May 21 Something will inspire or upset you to such an extent that you have to do something about it. Tread carefully.

♊ Gemini May 22-June 21 If others react with shock and surprise at what you do today, they only have themselves to blame.

♋ Cancer June 22-July 22 Make allowances for those who can't get themselves out of a rut.

♌ Leo July 23-Aug.23 Why are you comparing yourself to people who are on a higher rung of the ladder? You've come a long way.

♍ Virgo Aug. 24- Sept. 22 Can you be sure that what others are telling you is the truth? Make sure you do your own research.

♎ Libra Sept. 23-Oct. 23 Today's Jupiter-Pluto link will encourage you to be pushy in your ambitions.

♏ Scorpio Oct. 24-Nov. 22 Don't take what happens today too seriously. In the greater scheme of things, it's of little importance.

♐ Sagittarius Nov. 23-Dec. 21 What happens today will remind you that fear is a negative emotion and serves no useful purpose.

♑ Capricorn Dec. 22-Jan. 20 What happens today will delight you. Don't fight the future.

♒ Aquarius Jan. 21-Feb. 18 Remind yourself what your number one goal is — then get back on the path that will take you to it.

♓ Pisces Feb. 19-March 20. Someone's been keeping things from you but you haven't been betrayed. SALLY BROMPTON

Caption contest

CHRISTINE COTTER/ THE ASSOCIATED PRESS

DANIEL OCHOA DE OLZA/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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